

國立成功大學體育健康與休閒研究所畢業學分規定要點

Graduation Credit Requirements
Institute of Physical Education, Health and Leisure Studies
National Cheng Kung University

115.3.30 114 學年度第 3 次課程委員會審議通過
Approved at the 3rd Curriculum Committee Meeting for Academic Year 2025 on March 30, 2026

115.3.30 114 學年度第 5 次所務會議核備通過
Approved by the 5th Institute Affairs Meeting of Academic Year 2025 on March 30, 2026

一、為規劃體育健康與休閒研究所（以下簡稱本所）碩士班各領域之課程，茲訂定「國立成功大學體育健康與休閒研究所畢業學分規定要點」（以下簡稱本要點）。

1. These Requirements are established for the purpose of regulating the curriculum planning for the various academic fields of the Master's Program of the Institute of Physical Education, Health and Leisure Studies, National Cheng Kung University (hereinafter referred to as "the Institute").

二、依本所設立宗旨與教學目標，規劃運動科技產業、健康管理、休閒管理三個領域。自 115 學年度起入學之研究生，須於畢業前修畢本所規定之共同必修課程、共同核心選修模組、各領域核心選修課程及各領域專業選修課程；其中，學生修習課程中屬商管領域課程之學分數比例應達 50% 以上。各類課程規劃如下表：

2. In accordance with the founding purposes and educational objectives of the Institute, three academic fields are established: Sports Technology Industry, Health Management, and Leisure Management.

Students admitted in Academic Year 2026 and thereafter shall, prior to graduation, complete the Common Required Courses, Common Core Elective Module, Field-Specific Core Elective Courses, and Field-Specific Professional Elective Courses prescribed by the Institute. In addition, among the credits earned from the courses taken, the proportion of credits in the field of business and management shall be no less than fifty percent. The course categories and requirements are as follows:

課程類別 Course Category	修課規定說明 Course Requirement
共同必修課程 Common Required Courses	以研究方法訓練及研究基礎能力培養為主，凡本所研究生均須修習本類課程共 10 學分。 <u>修習外系所相關統計學學分者，須經指導教授認可。</u> These courses are primarily intended to provide training in research methods and the development of fundamental research competencies. All graduate students of the Institute shall complete a total of 10 credits in this category. <u>Credits earned from relevant statistics courses offered by other departments or graduate institutes shall be subject to the approval of the academic advisor.</u>
共同核心選修課程 Common Core Elective Module	以培養學生跨域整合、商管知能、數位應用及產業實務之共同核心能力為主，學生須至少修習該領域 2 門。 These courses are primarily intended to cultivate students'

	common core competencies in interdisciplinary integration, business and management knowledge, digital applications, and industry practice. Students shall complete at least two courses in this category.
各領域核心課程 Field-Specific Core Courses	以學習各領域基本專業知能為主，須依所屬領域至少修習 2 門核心專業課程。 These courses are primarily intended to develop the fundamental professional knowledge and competencies of each academic field. Students shall complete at least two core courses in their respective academic field.
共同專業選修課程 Common Professional Elective Courses	以培養學生進階專業知能、應用能力及跨域整合能力為主，至少修習 3 門專業選修課程。 These courses are primarily intended to cultivate advanced professional knowledge, applied competencies, and interdisciplinary integration abilities. Students shall complete at least three professional elective courses in this category.

三、學生如已完成前述各類課程之最低修習規定，其超修之本所課程學分，及經指導教授同意修習之外系所研究所課程學分，均得計入本所畢業總學分數。

3. Where a student has fulfilled the minimum course requirements set forth in the preceding paragraph, any additional credits earned from courses offered by the Institute, as well as credits earned from graduate-level courses offered by other departments or graduate institutes with the approval of the academic advisor, may be counted toward the total number of graduation credits required by the Institute.

四、凡經所長及指導教授同意轉換領域之研究生，得在畢業前完成該領域之修課規定。

4. A graduate student who has obtained approval from both the Director of the Institute and the academic advisor to transfer to another academic field may complete the course requirements of the new field prior to graduation.

五、本要點經課程委員會訂定，提至所務會議通過後實施，修正時亦同。

5. These Requirements shall be formulated by the Curriculum Committee and submitted to the Institute Affairs Meeting for approval prior to implementation. The same procedure shall apply to any amendments thereto.

國立成功大學體育健康與休閒研究所畢業學分修課架構 (115 學年度起入學適用)

Graduation Credit Requirements and Curriculum Structure
Institute of Physical Education, Health and Leisure Studies, National Cheng Kung University
Applicable to Students Admitted from Academic Year 2026 Onward

115.3.30 114 學年度第 3 次課程委員會審議通過
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課程類別 Course Category	課程名稱 Course Name	學分數 Credits Elective
共同必修課程 (10 學分) Required Course 10 Credits	體育健康與休閒研究法 / Research Methods	3
	教育統計與電腦應用 / Statistics And Computer Application	3
	專題討論 (一) / Seminar(1)	1
	專題討論 (二) / Seminar (2)	1
	專題討論 (三) / Seminar(3)	1
	專題討論 (四) / Seminar(4)	1
課程類別 Course Category	課程名稱 Course Name	學分數 Credits Elective
共同核心選修模 組 (修 2 門) Core Courses: Required 2 Courses	程式設計與資料分析概論 / Introduction To Programming Language And Data Analysis	2
	運動場地與休閒設施規劃與管理 / Planning And Management In Sport Equipment And Facility	3
	運動產業實務專題研究 / Special Topics In Sport Industry	3
	運動與休閒人力資源管理 / Human Resource Management In Sport & Recreation	3

各領域核心課程(至少修習該領域 2 門) Core Courses: Required 2 Courses					
運動科技產業 Sport Technology Industry Category		健康管理 Health Management Category		休閒管理領域 Leisure Management Category	
課程名稱 Course Name	學分數 Credits Elective	課程名稱 Course Name	學分數 Credits Elective	課程名稱 Course Name	學分數 Credits Elective
運動生理學(含實驗) / Exercise Physiology	3	運動生理學(含實驗) / Exercise Physiology	3	休閒遊憩管理概論 / Introduction To Leisure And Recreation Management	3
運動生物力學 / Sports Biomechanics	3	運動健康心理專題研究 / Special Topics In Exercise And Health Psychology	3	運動管理專題討論 / Special Topics On Sports Management	3
健身運動器材功能設計 / Functional Design Of Sports And Fitness Equipment	2	體適能與運動處方專題研究 / Special Topics On Fitness And Exercise Prescription	3	休閒行為專題研究 / Special Topics In Leisure Behavior	3
應用數學與智慧運算 / Applied Mathematics And Intelligent Computation	2	活躍老化健康產業專題研究 / Special Topics In Active Aging And Health Industry	3	休閒運動與高齡學專題研究 / Special Topics On Leisure And Aging	3

共同專業選修課程(至少修習 3 門) Required 3 Elective Courses	
運動科技產業 Sport Technology Industry Category	
課程名稱 Course Name	學分數 Credits Elective
動作科學專題研究 / Special Topics On Movement Science	2
最佳化設計:理論與運動產業及工程之應用 / Optimum Design: Theories And Applications To Sports Industry And Engineering	3
運動賽事轉播與科技(一) / Broadcasting Of Sports Events And Technology(1)	3
運動賽事轉播與科技(二) / Broadcasting Of Sports Events And Technology(2)	3
運動科技-人工智慧與影像分析之應用 /Sports Technology : Application Of Artificial Intelligence And Image Analysis In Sport	3
運動鞋之生物力學專題研究 / Special Topics On Biomechanics Of Sport Shoes	2
基於物理之人體動作電腦模擬 / Physics-Based Computer Simulation Of Human Movement	3
運動影音製作與科技 / Sports Video Production And Technology	2
運動訓練與指導專題研究 / Techniques Of Coaching & Athletic Training	2
健康管理 Health Management Category	
課程名稱 Course Name	學分數 Credits Elective
身體活動與營養專題研究 / Special Topics On Physical Activities And Nutrition	2
健身促進策略與運動指導專題研究 / Fitness Instructor Courses And Health Promotion Strategies	3
身體活動運動與認知神經科學專題研究 / Special Topics On Physical Activity And Cognitive Neuroscience	2
運動與健康管理專題研究 / Special Topics On Exercise And Health Management	3
運動健康管理與認知行為科學專題研究 / Special Topics On Exercise, Health Management & Cognitive Sciences	2
休閒管理領域 Leisure Management Category	
課程名稱 Course Name	學分數 Credits Elective
運動與遊憩賽會管理專題研究 / Special Topics In Sport And Recreation Event Management	3
運動永續發展專題研究 / Special Topics In Sport Sustainability	3
運動休閒心理專題研究*/ Special Topics in Sports and Leisure Psychology	2
運動與休閒行銷學*/ Marketing In Sport & Recreation	3